

**Department of Public Safety and Correctional Services
Central Region – Parole & Probation - Southern Field Office**

John Hargrove, Sr. - District Court Building

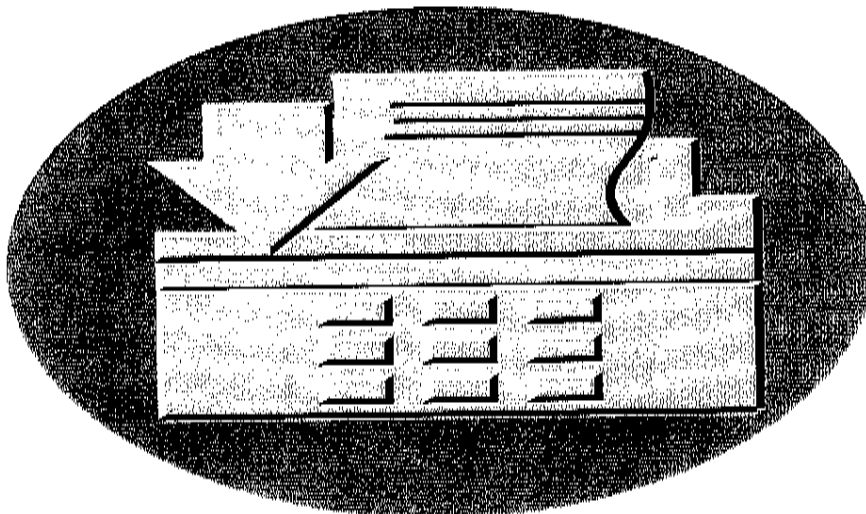
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Fax Cover Sheet



Date: June 3, 2013

Attention: Shawn M. Flower, Ph.D

FAX #: 877-455-6014

From: Ms. Valerie Farr, FSI (HARGROVE OFFICE)

Fax: 410-878-8262 Number of pages faxed: _____

(Including fax cover sheet)

<input type="checkbox"/> For your information	<input type="checkbox"/> See me	<input type="checkbox"/> For comment/recommendation
<input type="checkbox"/> As requested	<input type="checkbox"/> Take charge of	<input type="checkbox"/> Give me facts so I can answer
<input type="checkbox"/> Note and return	<input type="checkbox"/> For additional information	<input type="checkbox"/> Prepare reply for my signature

RE: D/V PACKAGE

Thanks!!!

If you do not receive all the pages of this FAX

Please call: Roxann VOICE PHONE #: 410-878-8250

**Domestic Violence
Victim Resources**

Mercy Family Violence
Response Program
410-332-9470

Mercy Supportive

Housing Program
410-332-9819

House of Ruth:

Hotline 410-889-RUTH

Shelter 410-889-7884

Counseling Services
410-889-0840

Legal Help
410-554-8463

**NO ONE
DESERVES
TO BE
ABUSED.**

**Make your
home safe
for yourself
and your
children.**

**HELP IS
AVAILABLE.**

**Make
Your
Home
Safe**

**Getting away
from domestic
violence**

Mercy Medical Center's
Family Violence
Response Program &
Supportive Housing
Program Outreach

Domestic Violence...

...is a pattern of abuse in which one partner tries to control the other by:

- Emotional abuse,**
- Economic abuse,**

Isolation,
Threats,

Sexual abuse, and/or
Physical abuse.

The pattern runs in a cycle that get worse over time. Victims easily get trapped - but help is available.

Domestic violence affects people of every race, age, status and gender. Most victims are women; many report that the abuse began when they were pregnant.

Violence between adult partners also affects children, even if they do not hear or see the violence directly.

There are many emotional barriers that victims face in trying to leave an abusive partner. If you are trapped in a relationship that is violent, remember it is not your fault, but an abusive partner may try to make you think it is. You may try to change him. You may feel guilty for not believing his promises to change...again.

Women face other barriers to leaving. Lack of independent housing and finances are real problems. Many victims face homelessness if they leave. Yet, your safety comes first. You can take steps to make a safe home for yourself and your children.

Safety Planning

While with an abusive partner...

- Talk to someone you trust. Call a hotline for referrals.**
- Keep a hidden bag packed with important papers, keys, medicines, money, personal items and clothes.**
- Plan ways of escape.**
- Open your own bank account.**
- Call 911 if you need help during an incident. Teach your children to call for help.**
- Document abuse with police, service providers or health care providers. Take photos of injuries.**
- Talk to a legal advocate about pressing charges or filing for a Protective Order.**

Once you are safe...

- Keep a copy of your Protective Order with you. File it with the Security Department at work or school.**
- Carry a cell phone (some programs offer free plans with 911 access only).**
- Change your locks, if necessary.**