October 22, 2011

Fourth Annual Re-Entry Conference
TABLE OF CONTENTS

Greetings From the Co-Chairs 3
Transition In...Transition Out 4
Conference Keys 5
Steering Committee Members 6
Conference Sponsors 7
In-Kind Service Providers 8
Are You Ready? 9
Conference Agenda 10
Keynote Speaker Introduction 11
Workshop Schedule At-A-Glance 12
Course & Presentation Descriptions 13
Conference Presenters & Facilitators 16
Resource Fair Scavenger Hunt 19
Ice Breaker: Getting to Know One Another 20
Re-Entry Success Word Find 21
Time to Change...NOW 22
Conference Points I Plan To Use 23
October 22, 2011

Dear Conference Participant,

Welcome to the fourth annual “Women Moving Forward” re-entry conference, initiated by the National Association of Women Judges (NAWJ), the nation’s leading voice for women jurists dedicated to ensuring equal justice and access to the courts for women, minorities, and other historically disfavored groups.

Our goal is to provide resources and information to support your successful transition back to your community. The conference will open with a dynamic keynote speaker, Chief Justice Robert M. Bell, Maryland Court of Appeals and close with a panel of formerly incarcerated women who will share their experiences of returning home. You will have the opportunity to attend several workshops on topics pertinent to your return home such as affordable housing, starting your own business, drug and mental health resources, education, and employment preparation. Most of you will attend a resource fair including a number of community organizations and enjoy a lunchtime fashion show featuring business wear apparel. A number of you will also have an opportunity to gain interview experience with potential employers.

In addition to the items in your gift bag, you will each be receiving a 1GB USB Flash Drive. They will be kept in your base file, and given to you the day of your release. Each flash drive will be preloaded with your resume or a resume template, along with very valuable resource information including 12 step meeting listings, healthcare insurance application and social services information, birth certificate and social security card applications, pro se legal resources, conflict resolution, and other resources such as the best business clothing for your body type and personal development skills. It is our hope that this small gift, along with your participation in the 2011 WMF Conference, will enable each of you to move forward with confidence.

This conference is a collaboration of legal and lay professionals who have donated their time and talents to facilitate your success. Some of the groups involved with this effort include: Alternative Directions, Maryland Commission for Women, Maryland Women’s Law Center, Maryland Women’s Bar Association, Baltimore City Council, members of Maryland’s House of Delegates and National Women’s Prison Project.

Special thanks to our sponsors, The Harry and Jeanette Weinberg Foundation, Correct Rx Pharmacy Services, Inc., The National Association of Women Judges-District 4, the Women’s Bar Association, and Warden Parish and Staff of MCIW for their generous support, for without them, this event would not be possible.

On behalf of our sponsors and committee members, know that we care about you. We thank you for attending and hope you find this conference inspirational and informative. Please know that as you begin this new chapter in your life, the organizations and individuals here today are available to help you help yourself, both inside and outside MCIW.

We wish you much success!

Julia Weatherly
Judge Julia Weatherly
Co-Chair

Shawn M. Flower, Ph.D.
Co-Chair
Women Moving Forward

A COLLABORATIVE RE-ENTRY PROGRAM FOR WOMEN AT THE MARYLAND CORRECTIONAL INSTITUTION FOR WOMEN
Conference Keys

Preparation

- Prepare your heart to receive instruction (e.g. prayer, meditation, etc.).
- Get enough rest the night before.
- Review workshops you have been assigned to attend in advance; paying particular attention to the presentation description.

Workshop Etiquette

- Keep your eyes on the speaker. Resist the temptation to turn your head in direction of noise or movement.
- Put non-agenda items in a “parking lot” for discussion at another time.
- Take brief notes of main points. Ask yourself what the information calls for you to do.
- Participate in workshop discussion when asked.
  - Respect and listen to other’s opinions and thoughts.
  - Have no extra conversations.
  - If something is not clear, ask the speaker a question.
  - Pass if you have nothing to add.

Conversation Starters

- Rule #1: Always remember a warm smile and a friendly greeting goes a long way.
- Say your name and extend hand for handshake.
- Maintain eye contact.
- Prepare well chosen questions. Listen attentively to the reply; do not interrupt.
- Thank the representative for participating in your conference.

Application

- Isolate points you personally plan to apply.
- Review conference materials regularly.
- Discuss points learned with friends and family.
**Women Moving Forward**  
A Collaborative Re-entry Program for Women at the  
Maryland Correctional Institution for Women

### 2011 Steering Committee

#### Chairpersons

<table>
<thead>
<tr>
<th>Name</th>
<th>Professional Affiliation</th>
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<tbody>
<tr>
<td>Hon. Julia Weatherly</td>
<td>National Association of Women Judges</td>
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<tr>
<td>Dr. Shawn M. Flower</td>
<td>Choice Research Associates</td>
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#### Participants

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<tr>
<th>Name</th>
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<tr>
<td>Kara Aanenson</td>
<td>Maryland Office of the Public Defender</td>
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<tr>
<td>Rachael Campbell</td>
<td>Correct Rx Pharmacy Services, Inc.</td>
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<tr>
<td>Fred Chandler</td>
<td>MontgomeryWorks</td>
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<tr>
<td>Deborah A. Corley</td>
<td>Destiny, Power &amp; Purpose, Inc.</td>
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<tr>
<td>Barbara D’Antoni</td>
<td>National Women’s Prison Project, Inc.</td>
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<tr>
<td>Mary Joel Davis</td>
<td>Alternative Directions, Inc./MCIW College Degree Program</td>
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<td>Mary L. Davis</td>
<td>Maryland Correctional Institution for Women</td>
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<td>Lt. Naté Denton</td>
<td>Maryland Correctional Institution for Women</td>
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<td>Mary Pat Donelan</td>
<td>Maryland C.U.R.E.</td>
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<td>Anika Fontaine</td>
<td>Center for Juvenile Justice Reform, Georgetown University</td>
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<td>Hon. Susan Gauvey</td>
<td>National Association of Women Judges</td>
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<td>Asst. Warden Kendall Gifford</td>
<td>Maryland Correctional Institution for Women</td>
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<tr>
<td>Jean Gover</td>
<td>Maryland Department of Public Safety &amp; Correctional Services</td>
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<tr>
<td>Hon. Sue- Ellen Hintman</td>
<td>National Association of Women Judges</td>
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<td>Joyce Jones</td>
<td>Women Moving Forward</td>
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<td>Lisa Jones</td>
<td>Correct Rx Pharmacy Services, Inc.</td>
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<td>Michelle Kelly</td>
<td>Alternative Directions, Inc.</td>
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<td>Marylee Little</td>
<td>Choice Research Associates</td>
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<td>Carolyn Mattingly</td>
<td>Maryland Commission for Women</td>
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<td>Christie Meiring</td>
<td>Women Moving Forward</td>
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<tr>
<td>Rev. Cheryl Mercer</td>
<td>Calvary HealthCare, Inc.</td>
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<td>Monyette Montgomery</td>
<td>Maryland Correctional Institution for Women</td>
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<tr>
<td>Jennifer Muskus, Esq.</td>
<td>Muskus &amp; Muskus, LLC</td>
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<td>Warden Carroll Parrish</td>
<td>Maryland Correctional Institution for Women</td>
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<tr>
<td>Alfreda Robinson-Dawkins</td>
<td>National Women’s Prison Project, Inc.</td>
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<tr>
<td>Pastor Carol Saunders</td>
<td>Heaven and Earth Ministries</td>
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<tr>
<td>Hon. Cathy Serrette</td>
<td>National Association of Women Judges</td>
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<tr>
<td>Brenda Shell-Eleazer</td>
<td>Anne Arundel County Department of Corrections</td>
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<tr>
<td>Sylvia Stokes</td>
<td>Harbor Light Community Development Corporation</td>
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<td>Roseanna Vogt</td>
<td>Circle of Angels Initiative</td>
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<td>Robin M. Waley</td>
<td>Restoration Ministries, Inc.</td>
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<td>Vickie Walters</td>
<td>Institutes for Behavior Resources, Inc.</td>
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<td>Inez Watson</td>
<td>Zeni Enterprises</td>
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<tr>
<td>Adrienne Watson-Carver</td>
<td>Studio “A” Modeling, Etiquette and Dance Academy</td>
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Special Thanks to Our Sponsors:
(as of October 7, 2011)

Leadership Sponsor ($2500-$4999)

Leadership Sponsor ($2500-$4999)

Patron Sponsors ($1000-$2499)

Patron Sponsors ($1000-$2499)

District 4

District 4

Friend Sponsor ($500-$999)

Friend Sponsor ($500-$999)

Honorable Julia B. Weatherly
Circuit Court, Prince George’s County

Goodwill Sponsors ($100-$499)

Goodwill Sponsors ($100-$499)

Alternative Directions
Mary Joel Davis
Muskus & Muskus, LLC
Special Thanks to Our In-Kind Service Providers:
(as of October 7, 2011)

Biddle Street Catering and Events
Carroll Parrish, Warden, Maryland Correctional Institution for Women
Chesapeake Garden Club, Calvert County
Choice Research Associates
Dress Barn, Arundel Mills Mall
Kenwood Garden Club, Montgomery County
Maryland Commission for Women
Maryland Correctional Enterprises
Maryland Department of Public Safety and Correctional Services
Maryland State Department of Education, Correctional Education Program
Studio “A” Modeling Etiquette & Dance Academy
Success in Style
Zeni Enterprises
Zonta International and the Zonta Clubs of Maryland and Washington, DC

A special thanks also goes to the many volunteers assisting the Conference presenters and facilitators.
are you ready?
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00 a.m. — 9:40 a.m.</td>
<td>Gymnasium</td>
<td>Welcome Introductions: Hon. Julia B. Weatherly</td>
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<tr>
<td></td>
<td></td>
<td>Keynote Speaker: Chief Judge Robert Bell</td>
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<tr>
<td>9:50 a.m. — 10:50 a.m.</td>
<td>See Workshop Schedule</td>
<td>Breakout Session I</td>
</tr>
<tr>
<td>11:00 a.m. — 12:30 p.m.</td>
<td>Gymnasium</td>
<td>Lunch and Fashion Show</td>
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<tr>
<td>12:40 p.m. — 1:40 p.m.</td>
<td>See Workshop Schedule</td>
<td>Breakout Session II</td>
</tr>
<tr>
<td>1:50 p.m. — 3:10 p.m.</td>
<td>See Workshop Schedule</td>
<td>Employment Interviews Resource Fair</td>
</tr>
<tr>
<td>3:15 p.m. — 3:45 p.m.</td>
<td>Gymnasium</td>
<td>Walking in My Shoes</td>
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<tr>
<td>3:45 p.m. — 4:00 p.m.</td>
<td>Gymnasium</td>
<td>Closing Ceremonies</td>
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</table>
Chief Judge Robert M. Bell has been a judge of the Maryland Court of Appeals, the highest court in Maryland, and its Chief Judge since 1996. He has been a judge at every level in the Maryland Courts system. He is also the State's first African American to serve as the Maryland Court of Appeals' Chief Judge.

Judge Bell grew up in Baltimore, Maryland where he attended Dunbar High School. He graduated from Morgan State University in Baltimore in 1966. He attended Harvard Law School, graduating in 1969. He returned to Maryland where he was admitted to the bar, and began to practice law in Baltimore.

In 1975 Bell was appointed to the District Court of Maryland in Baltimore City. In 1980 he was appointed by the Governor to the Baltimore City Circuit Court. In 1984 he was appointed by the Governor of Maryland to the Maryland Court of Special Appeals. Seven years later he was appointed to the state's highest court and became the Chief Justice in 1996.

He was a member, Court of Appeals Standing Committee on Rules of Practice and Procedure from 1977 to 1982; Commission to Revise the Annotated Code of Maryland, 1980–82; and the Board of Directors, Judicial Institute of Maryland, 1982-84. In August 2006, Bell was named Chair of the National Center for State Courts’ Board of Directors. Judge Bell has also been named president of the Conference of Chief Justices.

Chief Judge Bell has also been the recipient of several awards:

- Legal Excellence Award for Advancement of Public Service Responsibility from the Maryland Bar Foundation
- Maryland Network Against Domestic Violence Special Recognition Award
- Maryland Leadership in Law Award
- Maryland Legal Services Corporation Medal for Access to Justice.
- 2011 Induction into the National Bar Association’s Hall of Fame
**Workshop Schedule At-A-Glance**

**Breakout Session I:**
9:50 a.m. – 10:50 a.m.

<table>
<thead>
<tr>
<th>Program</th>
<th>Location</th>
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<tbody>
<tr>
<td>1. Post Secondary Educational Opportunities</td>
<td>Library</td>
</tr>
<tr>
<td>2. Post Release Legal Issues</td>
<td>Classroom #2</td>
</tr>
<tr>
<td>3. Women Raising Sons</td>
<td>Post 27</td>
</tr>
<tr>
<td>4. Enhancing Job Retention</td>
<td>Classroom #5</td>
</tr>
<tr>
<td>5. Healing From Trauma</td>
<td>Classroom #4</td>
</tr>
<tr>
<td>6. Avoiding the Grip of Gangs</td>
<td>Visiting Room</td>
</tr>
<tr>
<td>7. Mediation Tools to Prepare For Reentry</td>
<td>Post 27</td>
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</tbody>
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**Breakout Session II:**
12:40 p.m. – 1:40 p.m.

<table>
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<tr>
<th>Program</th>
<th>Location</th>
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<tbody>
<tr>
<td>1. The Power of Positive Thinking</td>
<td>Post 27</td>
</tr>
<tr>
<td>2. Is Re-entry Working? Meet the Success Stories</td>
<td>Classroom #4</td>
</tr>
<tr>
<td>3. Finding a Path Past Addictions</td>
<td>Classroom #2</td>
</tr>
<tr>
<td>4. Re-entry Reality Check</td>
<td>Post 27</td>
</tr>
<tr>
<td>5. Learning to Love Ourselves Through Meditation</td>
<td>Visiting Room</td>
</tr>
<tr>
<td>6. Tips To Becoming A Successful Entrepreneur</td>
<td>Library</td>
</tr>
<tr>
<td>7. Looking for Housing Options</td>
<td>Classroom #5</td>
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**Breakout Session III:**
1:50 p.m. – 3:10 p.m.

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<tr>
<th>Program</th>
<th>Location</th>
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<tbody>
<tr>
<td>1. Employment Interviews</td>
<td>Dining Room #2</td>
</tr>
<tr>
<td>2. Resource Fair</td>
<td>Gym</td>
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</tbody>
</table>
Course & Presentation Descriptions

Breakout Session 1:

1. **Educational Options: Post Secondary Educational Opportunities**  
   **Presenter:** Cheneda Kane, MEOC Counselor/Resource Specialist
   
   This workshop will share comprehensive information and counseling for adults interested in going to college, i.e. two year, four year, trade and technical schools and short term training as well. The process for acquiring the GED or External Diploma will also be discussed.

2. **Post Release Legal Issues**  
   **Presenter:** Rodney C. Mitchell, Esq. — Law Office of Rodney C. Mitchell
   
   Criminal convictions carry legal consequences even after the sentence has been served. This workshop will address post-release legal issues such as ineligibility for certain types of housing, employment-related restrictions, voting restrictions and custody issues, as well as how to deal with some of these concerns that will affect your life.

3. **Raising Him Alone: Strategies for Single Mothers Raising Male Children**  
   **Presenters:** David Miller, Co-Founder/Chief Visionary Officer—Urban Leadership Institute  
   Catrice Alphonso, MM—The Institute for Interactive Instructions, Inc.
   
   Raising Him Alone is an exciting workshop for single mothers raising boys. The workshop provides mothers/grandmothers with information and strategies designed to support positive male development. The workshop will cover information ranging from coping with the daily struggles of being a single mother raising a male child in a toxic society to creating a positive peer culture surrounding your son. Other information presented will focus on ways to reconnect fathers and punishment vs. discipline.

4. **Enhancing Job Retention:**  
   **Presenter:** Ann Hosmer
   
   This workshop will help you develop the skills to handle the unwritten rules of the work place and to manage work place problem solving.

5. **Healing From Trauma:**  
   **Presenter:** Bea Zipperle, LCSW-C
   
   Trauma is all too often a common experience of women in our communities and especially women who have been incarcerated. This workshop will help you identify the symptoms of trauma and how it affects your life. The workshop will provide skills to help women cope with symptoms in their current placement and to provide resources for when you re-enter society.

6. **Avoiding the Grip of Gangs**  
   **Presenter:** Tony Avendorph
   
   Gang life is violent, brutal, dangerous and likely to get you re-incarcerated. So why do women find their way into gangs and how do they find their way out? A counselor who has been working with men, women and teens in gangs will bring some new insight for women who need to know more about the dangers of gangs for them and their families.

7. **Mediation Tools to Prepare for Re-Entry**  
   **Presenter:** Tyler Keyworth
   
   This workshop will provide you tools to resolve problems and issues while inside the institution and once you are back in the community reunited with your family and friends.
Course & Presentation Descriptions

Breakout Session II

1. The Power of Positive Thinking
   Presenter: Mary Pat Donelan—Maryland C.U.R.E.

"The Power of Positive Thinking" -- Are you anxious about life on the "outside?" Need some skills to deal with the pressure to deliver and the resulting stress that might occur? Learn about the mind-body connection and the power of positive thinking. Come find out how positive thinking can change your life and increase your chances for success.

2. Is Re-entry Working? Meet the Success Stories
   Moderator: Gwendolyn Shelton—Re-entry Center of Baltimore
   Panelists: Carolyn Cooper
              Patti Davison
              Robyn Downs
              Yvette Gordon
              Holly Isacc

MCIW residents who have obtained employment or training opportunities while incarcerated will speak on the various programs available at MCIW to help you obtain employment upon your release.

3. Finding a Path Past Addictions: Getting the Support You Need to Avoid Relapse
   Presenter: Lilly Dorsey

Upon release people who have battled drug and alcohol addictions need support and treatment. This workshop will provide directions to building healthy relationships.

4. Re-Entry Reality Check
   Presenter: Alfreda Robinson-Dawkins—National Women’s Initiative Project, Inc.

The real lowdown on getting ready for release. A no-nonsense discussion about balancing dreams and desires with realistic plans and expectations. Alfreda Robinson-Dawkins talks to the residents of MCIW who are heading home. Realistic re-entry from the perspective of those who have experienced it.

5. Learning to Love Ourselves Through Meditation
   Presenter: Mary Aubrey

During this workshop, we will explore how meditation can help us cherish ourselves and rediscover our true value. The Buddha once said that we could look for a person in the world who is more deserving of our love than ourselves, and we would never find her.

6. Tips to Becoming a Successful Entrepreneur
   Presenters: Moneira Hawkins & Cynthia Tawiah

Learn how to find your WEEK (Wisdom, Expectations, Experience and Knowledge) and WORK IT! A powerful story that will detour your heart and mind when you go through a storm and cannot see the sunshine.
Course & Presentation Descriptions

7. Looking for Housing Options
   Presenter: Vaile Leonard, Founder/CEO—The Light of Truth Center Inc.
   President—Baltimore Area Association for Supportive Housing

A big challenge for women leaving MCIW is finding independent housing. A big challenge for our cities is to provide affordable housing. Planning for your housing and identifying options in your community needs to be carefully considered. This workshop will focus on some of those considerations.

Plenary Session

Walking In My Shoes
Moderator: Mary Joel Davis
Panelists: Jacqueline Edwards
Gerlina Jackson-Bailey
Michelle Shipley
April Smith-Koroma
Dorothea Townes

Oftentimes, re-entry can be a formidable prospect for many incarcerated adults attempting a successful return to the community. Therefore, this very popular workshop has been revisited and expanded as a plenary for all to participate. A panel group of highly successful re-entrants will address the audience, speaking on topics to include getting out of gangs, being free from drug addiction and/or drug marketing, living with HIV and overcoming domestic violence.
Mary Aubry has been an attorney for 20 years, and began meditating not long after that. She grew up with a raging alcoholic father and was surprised to learn, even after becoming a lawyer, that she had very little self esteem. Through meditation, she learned to be more accepting of her mistakes, and the mistakes of others. She also learned to treat all people, including the people she prosecuted, with dignity. Mary has been teaching meditation for two years through the Insight Meditation Community of Washington, D.C. She also is participating in the Community Dharma Leadership program co-sponsored by the Spirit Rock Meditation Center in California and the Insight Meditation Society in Massachusetts. Finally, she is on the board of directors of the Southern Dharma Retreat Center in North Carolina.

Tony Avendorph is a court recognized expert on several major street gangs and has appeared on the television series Gangland on two occasions. Mr. Avendorph has lectured on gangs to judges, police departments throughout the United States, in schools and jails.

Carolyn Cooper is a former MCIW resident. Carolyn is currently employed with Porcelite of Baltimore as an Office Manager and Marketing & Human Resources Coordinator. Carolyn thanks God for her daily blessings and looks forward to sharing her testimony with the WMF conference participants to assist with their re-entry process.

Mary Joel Davis is Founder and former Executive Director of Alternative Directions, a Baltimore-based nonprofit, to provide civil legal aid to women in prison. The organization opened in 1979; and has operated a program since 2000 to help women make the difficult transition from prison to the community. Alternative Directions boasts a recidivism rate of 20 percent among its clients.

Mary Pat Donelan is the Director, Human Resources Division, IRS Office of Chief Counsel, Washington DC where she manages 37 employees that provide HR functions to 2700 employees nationwide. She is also the Vice President of Maryland C.U.R.E., a prison reform advocacy group. Finally, she is the facilitator/coach of I-WISH (Incarcerated Women Inside Seeking to Help), a group for women with life sentences at MCIW.

Lilly Dorsey is seven years clean from the disease of addiction. Lilly presently works at Crossroads Centers where she wears many hats including her primary job as the Receptionist. She assists many clients with various situations that occur during their recovery process. Lilly attends Catonsville, Essex and Dundalk Community Colleges where she is currently studying Chemical Dependency Counseling and is also an active board member of the National Women’s Prison Project. As a previously Incarcerated Lady, Lilly is committed to helping women successfully return to society.

Jacqueline Edwards has benefited from living and applying herself to the rules and regulations of several transitional housing programs. In particular, Alternative Directions has supplied Jacqueline and her son with the tools to achieve their goals. Jacqueline was received with open arms and obtained knowledge, counseling, other extended benefits and a place that she was able to call home. Jacqueline is now a Certified Phlebotomist and is CPR certified. Jacqueline enrolled as a volunteer in Bon Secours Hospital’s job readiness program and was eventually employed as a receptionist at Bon Secours Community Support Center. Presently she is a Volunteer Specialist at Bon Secours Hospital.
Conference Presenters & Facilitators

**Moneira Hawkins** is the Founder and operator of Livid Enterprises, LLC and Pamper Me Princess, which includes but is not limited to event planning and coordinating, catering, hosting birthday parties for girls ages 5 to 14, home décor and so much more. Moneira’s Aphorism: “It does not matter how many degrees you may acquire, what title rears your name, but it is the measure of your integrity to uphold your character when no one is looking. That is the woman I excel to be. To be a blessing to the next generation or female to follow, not forgetting where I came from and who helped me get there.”

**Ann Hosmer** is a seasoned trainer with expertise in the development, implementation, and evaluation of specialized programs, with special emphasis upon personal empowerment, effective communication, conflict resolution, financial competence, and employment readiness. Having spent 15 years in public education and nearly 20 years in the private practice of insurance and investments, Ann is a Chartered Life Underwriter. Ann holds certification in community and family mediation, and is an Offender Workforce Development (OWDS) Certified Trainer.

**Gerlena Jackson-Bailey** was addicted to alcohol and drugs for 20 years. Gerlena started getting into trouble with the law when she turned 32 years old and was arrested 9 times. While in the TAP Program Gerlena resided at Marian Transitional House and went to culinary arts school and received her ServSafe Certification. Since graduating from the TAP program in 2009, she has been employed with Stella Maris Company and has been cooking ever since. Gerlena is proud to have her own home and more importantly is ecstatic to say that she is now able to make responsible decisions.

**Cheneda Kane** is a Counselor/Resource Specialist with the Maryland Educational Opportunity Center. She attended the University of Maryland, College Park and the University of Baltimore. Cheneda provides Educational and Motivational workshops to agencies, schools and penal institutions in the Baltimore and surrounding areas. Cheneda is a published author of “Pits, Prose and Poetry” and entrepreneur of Heavenly Bliss Homemade Organic Ice Cream.

**Alfreda Robinson-Dawkins** learned advocacy while serving a ten year Federal sentence, advocating on behalf of the needs of women who like her, were learning how to survive the horrors of prison life. Since her release from Federal Prison in 2000, she has continued to advocate on behalf of women and was voted Baltimore’s Best Advocate in 2005. She founded the National Women’s Prison Project in 2002 and has worked to create sanity in sentencing, advocating for women to be treated like human beings and to recognize their gender difference. Much of her advocacy is implemented behind the fence, helping women to see that they are a part of the struggle – even while doing time. Her major goal is to “snatch the women out of the lion’s den” and show them a more excellent way. Working with women both behind the fence and those released, she provides workshops and education to women who are affected and infected by the realities of life.

**Michelle Shipley** lived a life enslaved to the bonds of drug addiction for over 20 years. Michelle served a six year sentence at MCIW for attempted robbery. While incarcerated Michelle had time to think how her life had spun out of control due to drugs. Michelle attributes her success to residing at the Marian Transitional House, participating in group therapy sessions (i.e., life skills, anger management, job readiness, NA/AA) and obtaining her GED. Michelle is now employed at Bon Secours Hospital, has recently married and is reunited with her family and children.
Conference Presenters & Facilitators

Cynthia Tawiah, the Daughter of Diplomats, was born and raised in Ghana, West Africa. With no formal training or experience, Cindy opened her first salon, and began reaching out to victims of domestic violence in an effort to renew their sense of self-worth and self-esteem. In February 2007, Cindy created a hair care line that was natural and alcohol free. That's when “Diva by Cindy” was born - wanting the line to be products of integrity, something she would use and stand by, something that would empower women; hence the name, “Diva”. Cindy credits her life experience as the source of inspiration and strength for what she does. “It’s a full cycle to use what I’ve been given to make a difference in this world”.

Dorothea Townes found herself living the life of a drug addict at the age of 32. Although she previously had a job as a geriatric nursing assistant, this college educated woman was jobless, homeless, and living on the streets, caught in the world of addiction. She never knew what the day would bring, because her only concern was her next fix. Until the day she was arrested; that’s when everything changed. Found guilty of drug conspiracy, Dorothea was sentenced to six years in prison. Today, nine clean and sober years after being released from MCIW, Dorothea is in a place that she couldn’t have imagined many years ago. She is reunited with her children, owns a home and holds down two jobs. Overall, Dorothea is just happy with life.

Inez Watson started Zeni Enterprises in March 1995 after working as an administrator in the medical field for over 30 years. She became a licensed clothier with a "Passion for Fashion", bringing to her public beautiful women's clothing, through private home fashion shows and other shows throughout the Baltimore Metropolitan area. In the fall of 1996, she added a new dimension, Studio "A" Models. Known today as Studio "A" Modeling, Etiquette and Dance Academy located in Randallstown, Maryland. Studio "A" Academy is owned and operated by her daughter, Adrienne Watson Carver. In partnership, they have produced shows for departments stores, chain stores, boutiques, community organizations, churches and many other non profits groups and organization. To name a few, Baltimore City Health Department, Coppin State Alumni Association, Catherine's Dress Shop, The Dress Barn-Arundel Mills Mall and The Children's Place-Owings Mills Mall. Together they have ventured into this millennium by a storm expanding their operation with a new attitude. "It’s A Family Affair"

Adrienne Watson-Carver affectionately known as “Mrs. A”, is a “Super Woman!” This wife and mother is a gifted dancer, teacher, model, life coach, personal/professional development trainer, and motivational speaker/workshop facilitator. She is the Owner and Executive Director of Studio “A” Modeling, Etiquette and Dance Academy and the Founder of the Studio “A” Foundation Scholarship Cotillion Program in Randallstown, MD. She is a graduate of Hampton University where she earned her Bachelor's Degree in Sociology. She has done graduate work in the Masters of Divinity Program at Howard University. Also a former National Director of the NAACP Stay-in-School Program, and Baltimore County Public School teacher, her passion lies with the development of America’s youth.

Bea Zipperle, LCSW-C has expertise in both clinical and forensic social work. She earned her Masters in Clinical Social Work from the University of Maryland in 2003. She became a licensed clinical social worker during 2006 and has been in private practice since. She also holds a Bachelors in Human Services Administration, and an Associates of Arts in Mental Health Technology and has been a certified addictions counselor for over 15 years. Bea is known for treating all of her clients with both dignity and nurturance. She practices from a strength’s perspective and believes that clients are strong resilient people who are worthy of unconditional regard, respect, and clinical treatment that is specific to their individual needs.
Resource Fair Scavenger Hunt

We want you to take full advantage of the resource fair so we created a scavenger hunt and ice breaker. Please do as many of the following activities as you can and focus on those things that both challenge you (for instance – introducing yourself to new people) and are things you are really interested in (such as attending one or more of the mini-workshops) and take time to talk to the organizations who are here today – they want to help!! Most of all – have fun!

Your Name: ____________________________________

List three hopes or dreams and/or re-entry needs. Find a resource to help you achieve at least one of them.

<table>
<thead>
<tr>
<th>List Three Dreams/Hopes/Needs</th>
<th>Name the Resource or Organization To Help You Achieve; List Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>1.</td>
</tr>
<tr>
<td>2.</td>
<td>2.</td>
</tr>
<tr>
<td>3.</td>
<td>3.</td>
</tr>
</tbody>
</table>

♦ Get contact information for at least two other Resource Fair Organizations that may be able to help you when you return home**  __________ (Completion Sticker)

♦ Participate in the mock employment interviews.  __________ (Interviewer Initials)

♦ Attend at least one of three mini-workshops and get a completion sticker from the presenter:
  - Family Law – Judge Julia Weatherly  __________ (Completion Sticker)
  - Making Winning Decisions – Mary Pat Donelan  __________ (Completion Sticker)
  - Entrepreneurship – Monique Lee from Mary Kay  __________ (Completion Sticker)

♦ Find at least 15 words in the Word Search Puzzle**  __________ (Completion Sticker)

♦ Get to know a WMF Conference Committee Member by completing the Ice Breaker.
  Write the Name of Committee Member you met: _______________________________

♦ Be a resource for someone else. What did you do to help? ________________________
  __________________________________________________________________________

♦ Name one thing you learned today that surprised you: ___________________________
  __________________________________________________________________________

**For these activities, take your form to the Scavenger Hunt Table for a completion sticker.
# Ice Breaker:
**Getting to Know One Another**

1. Introduce yourself to at least one Conference Committee Member and ask three of any of the following questions.

2. Then they will ask you three questions.

3. Remember -- feel free to ask WHY they responded as they did – this is about getting to know one another; you may have more in common than you thought!

<table>
<thead>
<tr>
<th>Committee Members Name</th>
<th>__________________________________________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is your favorite book or movie?</td>
<td>__________________________________________________________</td>
</tr>
<tr>
<td>Where is your dream vacation?</td>
<td>__________________________________________________________</td>
</tr>
<tr>
<td>Who would you want with you on a deserted island?</td>
<td>__________________________________________________________</td>
</tr>
<tr>
<td>If you had a magic wand, what would you choose to change?</td>
<td>__________________________________________________________</td>
</tr>
<tr>
<td>Would you rather find true love or win the lottery?</td>
<td>__________________________________________________________</td>
</tr>
</tbody>
</table>
Reentry Success Word Find
Women Moving Forward Conference

Find the words in the grid to inspire you for when you return home! You are limited only by your imagination and determination to succeed. Words can go horizontally, vertically and diagonally in all directions.

Never Coming Back  
Success  
Hope  
Happiness  
Employed  
Engaged  
Learning  
Reunited with Family

Sports  
Music  
Safe  
Movies  
Reading  
Joy  
Gratitude  
Serenity

Stability  
Responsibility  
Helping Others  
Fun  
Faith  
Healthy  
Possibilities  
Determination
Time To Change
Conference Points I Plan To Use.....
Conference Points I Plan To Use.....
Conference Points I Plan To Use.....
Conference Points I Plan To Use....
NO TURNING BACK ....
NO TURNING BACK ....